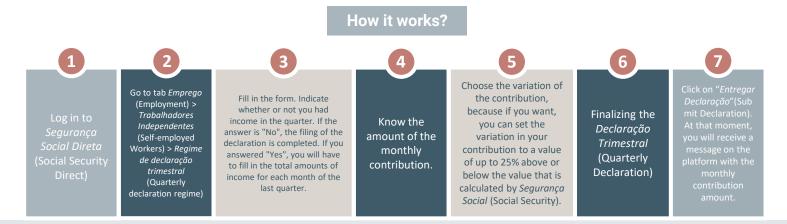
The *declaração trimestral* (quarterly declaration) is a declaration that self-employed workers must submit to Social Security, declaring the income of the last 3 months prior to the declaration.

Do you remember when there was no quarterly declaration?

Before the *Declaração Trimestral* (Quarterly Declaration) was implemented, self-employed earners were divided into brackets according to their annual income.

Today, the contribution amount is now calculated quarterly to avoid that the self-employed worker pays high values, just because he or she earned more in the previous year. It ends up being a fairer system because it acts at the moment the income is obtained.

This July, the period for filing the declaração trimestral for self-employed workers is already under way.



It may seem complicated at first, but completing and submitting the *Declaração Trimestral* (Quarterly Declaration) is simple and quick and you can do it correctly in a few steps. If you are required to submit your income on a quarterly basis, please note all the necessary dates in the calendar:

DECLARATION	INVOICE VALUES			MONTHS TO PAY			PAYMENT DEADLINE		
July	April	May	June	July	August	September	20/aug	20/sep	20/oct
October	July	August	September	October	November	December	20/nov	20/dec	20/jan
January	October	November	December	January	February	March	20/feb	20/mar	20/apr
April	January	February	March	April	May	June	20/may	20/jun	20/jul

In the contributions to be paid monthly, social security can establish a new amount to be paid due to sick leave or leave. Social Security then records this new amount in the current account and sends a message to your *Segurança Social Directa* (Social Security Direct) mailbox informing you of the new contribution. This is one of the reasons why it is very important for self-employed workers pay attention to their *Segurança Social Directa* (Social Security Direct) mailbox.

The *Trabalhadores Independentes* (Self-Employed Workers) regime is a regime that has some details depending on the characteristics of the activity and the moment of registration of each self-employed worker.

Do you have any questions? Contact us and we will help you!

For previously published content, you can access our website at: https://www.rosabarreto.pt/contents

Note: This information is only of general nature, its reading does not exempt the consultation of the legislation in force. In case of any discrepancy between the version in English and the version in Portuguese, the later shall prevail.

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